



RISE AND ALIGN

1:1 PLANT MEDICINE TRANSFORMATION MENTORSHIP 6 MONTH CONTAINER

Maybe you're committed to the medicine path, and have experienced profound growth on your journey so far, but there's a higher level you just can't seem to reach. You are called toward deeper service, but you feel burned out and exhausted doing everything on your own, and your heart connection to the openness and clarity you feel with the medicines fades away so fast.

There's so much that you want to explore inside you so that you can find the strength to keep going deeper, and keep showing up for everyone around you. But you're not walking the walk in your own life or prioritizing your own integration work. You're struggling to feel truly supported, and it feels overwhelming and frustrating to keep running into the same negative patterns and behaviors that are keeping you stuck. You want the freedom to enjoy your life to the fullest, but you put so much pressure on yourself, and you're tired of running away and not being able to sit with yourself and your feelings.

In our pilgrimage together...

- **You'll identify the root causes of your energetic blocks** and self-sabotaging behaviors so that you can stop judging and being hard on yourself and trust yourself and your intuition instead
- **You will learn how to slow down, prioritize yourself, and honor your integration process** so that you can go deeper into your inner wisdom, be fully present, and savor everything life has to offer
- **You'll learn to anchor yourself in the light** by cultivating a living spiritual practice, so that you find the true consistency you need to calm your inner critic, break negative cycles, and stay in a high vibration - even when you're stressed, exhausted, or frustrated

- **You'll receive stable, high level support and loving accountability** from authentic spiritual guides on the medicine path, so that you don't have to keep struggling to stay afloat trying to do everything on your own
- **You'll create a nourishing, steady connection with Source** and release the story of not being good enough, so that you feel fully prepared to hold space and guide others with confidence and strength
- **We'll teach you The Magic Mirror Method:** Our complete, step-by-step framework expertly guiding you through every season of your plant medicine evolution, so that you know exactly how to make progress and get the real breakthroughs you want, even if you feel stuck, burned out, or overwhelmed
- **You will develop a simple holistic roadmap to guide your vision** at a higher level so that you stay connected to your purpose and find the motivation to keep going, even when you get off track or lose your center
- **You will find the courage to confront your fears** and untangle your limiting beliefs so that you can feel whole and be of service at your highest possible capacity
- **You'll give yourself unconditional permission to feel, express, and be present** so that you can find radical acceptance and true freedom to be authentic and enjoy your life to the fullest

RISE AND ALIGN: PROGRAM DETAILS

→ 4 month or 6 month sacred mentorship

→ You get 2 x 60 minute private integration sessions per month so that you have dedicated time and space to explore more of who you are on a deeper level, with the high level support of experienced and authentic mentors who truly understand the medicine path

→ You get exclusive access to our robust Rise and Align digital course library full of proven tools and strategies you can use forever so that you know exactly how navigate your psychedelic seasons, inspire your creativity, relax into your flow, and start living your dream (\$1997 value)

→ **WHAT'S INSIDE THE COURSE:** 10 Modules, 44 Lessons, and dozens of activities that will help you explore yourself more deeply so that you have the knowledge and tools you need to transform your limiting beliefs and release patterns and behaviors that are no longer serving you

→ Next level personal support and unlimited coaching via Signal text and voice messages so that you never feel alone on your journey

→ You'll grow a deeper connection to the Earth, the elements, and your own inherent gifts so that you feel grounded and centered in exploring your spiritual growth as an upleveled leader

SPECIAL BONUSES

- **Sacred Psychedelics Preparation Intensive** - In this digital preparation course, you'll learn how to create your sacred container, and expertly navigate any psychedelic journey with ease so that you feel fully prepared to meet your retreat experience with presence and intention, and get the transformation you really want (**\$697 VALUE**)
- **Love Yourself Workshop** - Initially developed for acute, in-retreat integration work, our 90 minute online self-love workshop has helped countless clients step into sweetness, embrace gentleness, and treat themselves with more loving kindness. You'll learn practical, deeply personal techniques to identify your negative thought patterns and negative self-talk, so that you can rewrite your story from within. (**\$297 VALUE**)
- **Healing Addiction with Psychedelics Bonus Session** - Do you often find yourself coping in ways you don't like? Slipping into addictive or negative behaviors or searching outside yourself and reaching for things that don't serve you? In this short video bonus session, we do a deep dive into addiction as a protective warning signal from your heart that something needs to change, so that you can stop making excuses, fulfill your true needs, and tap into your greatest source of power. (**\$197 VALUE**)

RISE AND ALIGN: 1:1 MENTORSHIP PROGRAM INVESTMENT

6 MONTH PROGRAM

SAVE \$1000 off our regular rate - \$4997 pay in full

FRIENDS AND FAMILY SPECIAL OFFER: Pay \$714 x 7 months (save \$1000 off our regular rate and pay monthly!)

4 MONTH PROGRAM

SAVE \$1000 off our regular rate - \$3497 pay in full

FRIENDS AND FAMILY SPECIAL OFFER: Pay \$500 x 7 months (save \$1000 off our regular rate and pay monthly!)